

# 10 Actions for Individuals to Prevent Climate Change

- ✘ – Campaign for change – join environmental organisations, encourage politicians and businesses to take action.
- Change how you travel – fly less, drive less, cycle more, take the train.
- Switch to a green electricity provider to support investment in renewable energy.
- Wherever possible, insulate our homes to reduce wasted energy.
- Eat less meat and dairy – our dietary choices can have a big impact.
- Buy less stuff.
- Check out each political party's climate change policies before deciding how to vote – and challenge your local candidates.
- Join a community energy scheme – or start one up.
- Talk about climate change with friends, family, colleagues.
- Keep campaigning – don't let politicians and policymakers off the hook.

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