The Life Style Commitment

Recognizing that the peaceful development and perhaps the survival of the human race are threatened by:

- The injustice of extremes of poverty and wealth;
- The profligate use of natural resources and the pollution of the environment;
- The denial of useful and creative work to so many people;

I therefore seek to:

- Live simply that all may simply live:
- Give freely that all may be free to give;
- Avoid wasteful use of resources and show care for the environment;
- Work with others for social justice through appropriate action;
- Enjoy such good things as are compatible with this Commitment;
- Share my commitment with others.

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